



MODERN LASER AND MD PROCEDURES



ABOUT MONA ESTHETICS

Mona Sappenfield, a Licensed Aesthetician since 1978, is a CIDESCO International Diplomat' and is NCEA Certified. She is a fellow in ASLMS, the American Society of Laser Medicine and Surgery. She is an expert for beauty editors worldwide and has contributed to many national publications.

Mona Esthetics achieved the prestigious CIDESCO Centre' Diploma since 1992.

energies EXPLAINED

Often used incorrectly, the term "laser" is actually an acronym for Light Amplification by the Stimulated Emission of Radiation. However today's emerging energy-based offerings go beyond light-based technology and all "lasers" are not alike. Here's a list of those used safely by trained laser staff at Mona Esthetics.

INFRARED

This invisible wavelength of light penetrates non-ablative heat into the skin for a sustained heat therapy that helps tighten loose skin. *3D

INTENSE PULSED LIGHT (IPL)

IPL employs a broad spectrum of scattered light (photo-flash), as opposed to a single wavelength emitted by lasers. IPL has "no social downtime" and is effective for minimizing skin redness, rosacea, and excess melanin (brown pigment) caused by sun damage. Higher IPL energy calibrations can retard and reduce unwanted hair re-growth.*3D

LIGHT-EMITTING DIODE

Although not technically a laser, a light-emitting diode (LED) produces visible non-ablative light when an electrical current passes through it. LED is used to treat skin problems such as redness and acne.

GENTLE LASER

No matter your age, gentle non-ablative laser refreshes your skin from the inside out. The laser energy heat creates millions of microscopic treatment zones in your skin, replacing damaged skin with healthy, vibrant skin. *3D

Nd:YAG-LASER

Emitting a single (coherent) wavelength in four different spot sizes, our work horse laser is used safely for hair and small red vein removal and reduction, and calibrated to a gentle laser for skin rejuvenation for all skin types including skin of color, since 2002. Nd:YAG is an acronym for neodymium-doped yttrium aluminum garnet.*3D

YSGG-LASER

Unique to 10 year's of skin resurfacing lasers is the micro peeling effect with the YSGG, offering the ability to maximize outcomes and minimize downtime. The YSGG uses a unique wavelength that facilitates the proper balance of brown spot removal and thermal heat to the skin. YSGG is an acronym for Yttrium Scandium Gallium Garnet.

PHOTOMOLOGY

By combining two light technologies, a laser and a light, our therapy can modulate the skin function that traps toxins and simultaneously modify the permeability of toxic skin cells, allowing a change in skin smoothness without pain or damage. Photomology heat therapy can reduce muscle pain, induce relaxed sleep, and correct inflammation in the skin.



3D TARGET VISIBLE SIGNS OF AGING... TITAN®, LIMELIGHT™ AND GENESIS®

3D Skin Rejuvenation™ exclusively from Cutera®, offers LimeLight Facial™ or Photo Genesis®, Laser Genesis® and Titan®, resulting in noticeably improved skin tone, texture and tightness.

LimeLight Facial® and Photo Genesis® are light-based procedures which address problems right at the skin's surface - redness, mottled complexions, freckles and sun damage.

Laser Genesis® utilizes a laser to soften fine lines and wrinkles, shrink pores and decrease or eliminate redness found deeper in the epidermis. Laser Genesis® has been proven to stimulate the creation of new collagen, giving your face a more youthful appearance.

Titan® is the newest category for skin fitness. Titan® uses infrared light to heat tissue in the deep dermis.

TOGETHER YOU CAN HAVE A 3D SKIN REJUVENATION EXPERIENCE!

3D Package of 4 Spa Visits	\$3,800
3D Single Spa Visit	\$1,100

.....

Titan® Skin Tightening Combo with Laser Genesis
Recommended 3 Annual Spa Visits with 3 Week Intervals (1.4 hrs)

Lower Face Titan®, includes Laser Genesis®	\$1,800
Laser Genesis®	\$350

Laser Genesis®/Solar Genesis®	
Rosacea Combo (6)	\$1,800
Recommended 6 Spa Visits with 3 Week Intervals (1 hr)	
LimeLight™/Solar Genesis® (Targeted)	\$250

Laser Vein Treatment

Treat red or purple spider veins, port wine stains, hemangiomas, and even scarring. Skin friendly wavelength for fast and safe treatments.

Full Face	\$500
Cheeks/Nose	\$175+
Nose/Chin	\$175
Legs	\$175+

Laser Hair Reduction

FDA-Cleared Permanent Hair Reduction with Cutera®
CoolGlide® for ALL skin types.

20 minutes	\$175
40 minutes	\$350
1 hour	\$500

Buy 4 and Save!

PEARL RE-SURFACING LASER

The anti-aging pearl procedure combines the impact of resurfacing lasers with the safety of non-invasive procedures to treat aging, sun-damaged skin, wrinkles and uneven texture with fewer treatments and less overall recovery time than other technologies to provide a healthy, pearl-like glow to your skin. Two annual treatments have shown in studies to diminish 80% of brown spots and increase the skin density.

SMOOTHSHAPES® – BRINGING SCIENCE TO CELLULITE

The SmoothShapes® system uses proprietary technology called Photomology® to combat the problem of cellulite. This treatment uses dynamic laser and light energy to thermally heat fat in the enlarged cells and allow treated fat to be expressed by the cells. The contoured rollers and vacuum massage assist in moving the liquefied fat out through the lymphatic system and smooth the appearance of skin. Eight targeted 20 minute sessions can give lasting results up to 6 months.

**20 minute SmoothShapes® is a zoned treatment targeted where cellulite bothers you most!

Buy 8 for \$1,200 (Exclusive Petite)

MEDICAL INJECTIONS BY REGISTERED NURSE

- Belotero Balance
- Xeomin Injections
- Radiesse Moderate Fill
- Radiesse Volume Advantage

TREATMENT RECOMMENDATIONS

NEXT RESERVATION

